



51 FAMILY ACTIVITIES

fun & free

- 1 walk in the park or forest 2 do community fun-run 3 listen to music 4 take photo's
5 do family yoga 6 plant a veggie garden 7 prepare dinner together 8 go fruit picking
9 play card and board games 10 enjoy a family movie marathon weekend and make
yummy popcorn mix 11 do a craft project 12 go to the beach and build sandcastles
13 have a picnic indoors 14 cook together 15 have a family game night 16 build a
tower with anything you can find 17 bake and decorate biscuits 18 make ice-cream
sundays 19 do rock painting 20 have a tea party 21 sleep outside in a tent
22 collect leaves and make a collage 23 play outside with balloons 24 play ball games
25 teach your kids about nature 26 do a scavenger hunt 27 visit the fire station
28 paint each others' faces 29 go for a swim 30 have a water gun war 31 listen to
music and shake your sillies out 32 go on a road trip 33 play in the rain 34 have a
pyjama party 35 make holiday decorations 36 fly a kite together 37 play in the snow
38 knit scarfs 39 go sledding 40 enjoy go-cart riding 41 gaze at the stars 42 climb a
tree 43 create a gratitude journal 44 make clay animals 45 create a family photo
album 46 make DIY birthday cards 47 visit the fresh fruit market 48 plant a tree
49 teach kids a new sport like skating, skiing, swimming 50 do a weekly movie night
51 plan a random act of kindness + have fun!

family activity ideas perfect for week nights, no-spend weekends, every season, in and outdoors and more

quality family time made easy